

Laryngoscopy is a procedure that lets the doctor look at the back of the throat, the larynx (voice box) and the vocal cords using an endoscope (a thin, tube-like instrument with a light and lens). Microlaryngoscopy is a procedure that means the vocal folds are looked at in great detail with magnification.

An oesophagoscopy is a procedure used to check for physical abnormalities in the oesophagus (the structure in the throat that carries food to the stomach).

Operative treatments may include removal of lesions – any abnormal growths are sent for pathology examination.

Recovery after surgery

This is generally quick; you will be monitored closely to ensure your vital signs (blood pressure etc) and pain levels are within normal ranges. Your throat will feel sore and dry. You will be advised by the staff when you can eat and drink.

Voice – it will often be husky and feel sore. To assist healing, we recommend avoiding any speaking for 2 days after surgery, and then speaking quietly and only 'as needed' in the following 2 weeks post operatively.

You may need 7-10 days off work depending on what you do, especially if its difficult to avoid using your voice.

Fluids And Diet

Keep up oral fluid intake, and start with soft diet for first 3 days post operatively. Food and fluid should not be too hot for the first 3 days.

Pain Relief

Take regular simple analgesics for the first 3 days (e.g.: paracetamol)
If anti-reflux medication is prescribed, please take it

Bleeding

Blood streaking in saliva is usual for the first few days

When to Call us

If you have any issues, please contact the rooms within business hours (9451 9883).
If you have an emergency outside of normal business hours, or you are unable to contact our rooms, please present to the nearest emergency department.