

Pre operative Instructions for Children

Please ensure that you have completed your online admission or admission booklet as directed by the staff at SCENT. If your child has a significant medical problem, please check with your surgeon if any tests are required prior to your child's operation.

IMPORTANT: Some medications need to be ceased prior to surgery.

Medications

Herbal medications / Supplements

Must be stopped 2 weeks prior to surgery.
Please see overleaf for examples in this category.

Non Steroidal Anti-inflammatory drugs (NSAIDS)

Must be stopped 1 week prior to surgery.
Please see overleaf for examples in this category.
*If your child requires pain relief during this time use Panadol.

Diabetic medications

If your child takes Insulin, discuss how to alter the dose with your Anaesthetist.

CT scans or X Rays

Please bring with you to hospital.
Failure to do so may result in cancellation of your child's surgery.

Day Before Surgery

The Hospital will contact you on the afternoon or evening prior to your child's surgery to confirm **arrival time** and **fasting time**.

The Day of Surgery

We schedule children early on the list & make every effort to make their hospital stay as pleasant as possible.

If your child is staying overnight, one parent may stay with them.
Please feel free to bring their favourite comforter or toy.

Your child must not eat for 6 hours prior to surgery.

A small amount of clear fluids (water or clear juice, but NOT milk) may be given up to 3 hours before surgery if absolutely necessary

EXAMPLES OF MEDICATIONS THAT NEED TO BE STOPPED (2) WEEKS PRIOR TO SURGERY

HERBAL MEDICATIONS & SUPPLEMENTS

Dindevan (Phenindione)	Echinacea	Fish Oil
Ephedra	Garlic	Ginkgo
Ginseng	Horseradish	Kava
Valerian	Meadowsweet Tea	Primrose Oil
St John's Wort	Vitamin E	Willow Bark Ginger

ANTI DEPRESSANTS

Aurorix Arima Clobemix Mohexal (Moclobemide)

BLOOD THINNING MEDICATION

ASPIRIN and medications which contain aspirin

NSAIDS (non-steroidal anti-inflammatory drugs)

Advil(Ibuprofen)

Nurofen (Ibuprofen)

Brufen (Ibuprofen)

Voltaren (Diclofenac)